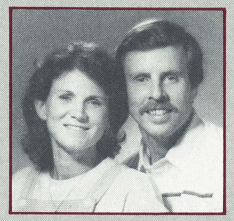
Bob & Willa Moss
Co-Head Coaches



Bob and Willa Moss, a husband and wife team that originated the Little Rock Gymnastics Center back in 1976, are Co-Head Coaches of the Centenary Ladies. Both are 36 years old and attended Southeastern Louisiana University starting in 1969.

Bob was a competitive trampolinist under previous Ladies Coach Vannie Edwards, who was a national champion in 1970 and a member of the All-America Trampoline team the following season.

Willa trained under Edwards as well in all-around competition, and in 1971 she became a judge of national meets.

In 1973, a year before they would be married, the Mosses went in different directions. Bob traveled with Edwards as his assistant to Southwest Junior College in Summit, Mississippi. Willa moved back home to New Jersey and taught in the public school system there until 1976. Once married the couple managed a gymnastics training club in New Jersey through that same year.

In the fall of 1976 the Mosses took their gymnastic talents and teaching abilities south to Little Rock, where they operated until their appointment at Centenary. At the Little Rock Gymnastics Center they taught 400 class students per year as well as 50 or so competitive gymnasts.

The Mosses like the gymnastics climate and potential for growth in the Shreveport area. Not that Vannie Edwards didn't help get the ball rolling.

"Vannie is to women's gymnastics what Vince Lombardi was to football," said Bob Moss. "You really don't fill someones shoes like him, but you just do the best you can to make a good situation better."

Three years after the duo arrived on the scene in Little Rock, they coached their first national gymnastics champion, Beth Pope. Since that first title captured by Pope, the Mosses have guided two other gymnasts to numerous other national championships.

They begin their third season at Centenary with a 26-16 overall tournament record.

Lori Cunningham — Asst. Coach

Lori Cunningham, a senior out of New Orleans, Louisiana, assists Centenary's Ladies. Cunningham came to Centenary in the fall of 1985 as a graduate of O. Perry Walker High School, but a career ending injury the day before the opening meet (vs. Southern Arkansas-Tech) of '85 has forced her to watch and teach from the sidelines — she tore ligaments in her right knee while dismounting from the bars.

Cunningham took up gymnastics at nine years of age after starting as a dancer as a 3-year-old. She is a biology major.

1988 Lady Gymnastics Schedule

DAY	DATE	OPPONENT	SITE
*Sat.	Jan. 9	Texas Woman's University	Denton, TX
*Sat.	Jan. 16	LSU Texas Woman's University	GOLD DOME
Fri.	Jan. 22	Houston Baptist	Houston, TX
Sat.	Jan. 30	Georgia College	GOLD DOME
Mon.	Feb. 15	Houston Baptist	GOLD DOME
Fri.	Feb. 19	Georgia College	Milledgeville, GA
*Fri.	Feb. 26	Ft. Hays State Northern Colorado	GOLD DOME
Fri.-Sat.	Mar. 4 Mar. 5	NAIA Nationals	Minot, ND

ALL HOME MEETS ARE AT THE GOLD DOME, BEGINNING AT 7:30 P.M.

*TRI-MEET

The All-Americans

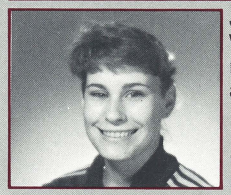
1966	Susan McDonald, Marianne Woolner, Paula Chris, Mary Camille Traweek and Mary Bankston
1967	Janie Speaks, Karen Lively, Marianne Woolner, Susan McDonald and Diane Masse
1968	Debbie Bailey, JoAnn Connelly, Mickey Adams, Karen Lively and Judy Johnson
1969	Karen Lively, Mickey Adams, JoAnn Connelly and Jan Wheatley
1977	Janie Van Eman
1978	Kathy Johnson, Beth Johnson, Jeanelle Bertling and Gigi DeJong
1979	Kathy Johnson, Beth Johnson, Jeanelle Bertling, Emily May and Denise Balk
1980	Beth Johnson, Jennifer Forshee, Margot Todd, Jill Brown, Sue Haynie, Kim Strauss and Karen Edelston
1981	Margot Todd, Kim Strauss, Jennifer Forshee, Jill Brown and Sue Haynie
1982	Margot Todd, Janet Stevens, Susan Gibson, Jill Brown and Jennifer Forshee
1983	Jill Brown, Jennifer Forshee and Janet Stevens
1984	Margot Todd Evans, Jessica Soileau, Suzanne Reasor and Janet Stevens
1985	Janet Stevens, Suzanne Reasor, Susan Gibson, Holly Rucker and Loye Walker
1986	Julie Goodwin and Loye Walker
1987	LeAnn English, Julie Goodwin and Jill McCall

CENTENARY LADIES GYMNASTICS 1988

Centenary's Ladies

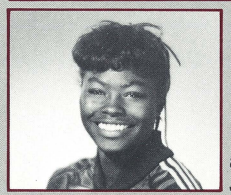
LeAnn English

LeANN ENGLISH (5-7, sophomore all-around, Ouachita Parish High School, Monroe, Louisiana) . . . earned NAIA All-America in four categories as a freshman: all-around (second place), vault (second), beam (third) and floor exercise (third) . . . 35.45 AA was tops in the NAIA in 1987 . . . leading Lady point-getter in four of eight meets in '87 . . . 36.45 performance in tri-meet at home against LSU and Houston Baptist was personal and team best . . . 9.05 average on floor for the season was another personal and team best . . . competed for the Bayou Gym Club in Monroe for coaches Dave and Sue Ann King and Danny Taylor before coming to Centenary . . . won Louisiana Class I state in 1980, 1983 and 1985 . . . qualified for Eastern Nationals in 1985 and 1986 . . . did not compete in 1984 due to a broken right ankle . . . born 9-30-68 . . . parents are Joe and Orel Lene . . . has two sisters . . . accounting major.



Julie Goodwin

JULIE GOODWIN (5-6, junior all-around, Westlake High School, Austin, Texas) . . . named NAIA All-America in two events as a sophomore: bars (second) and vault (fifth) . . . also as a freshman was All-America on bars, vault and floor . . . 34.49 AA last year was third highest of the Ladies . . . best event was bars (8.70) . . . 35.15 AA in tri-meet vs. LSU and Houston Baptist was best outing of year . . . had two other 35.05 performances . . . led team to a win with 35.05 at Fort Hays State . . . as a freshman led Centenary with 33.61 AA and was the top Lady point-producer in seven of 10 meets that year . . . averaged 8.77 on the floor as a freshman . . . before Centenary, coached by Mike Wood at Crenshaw's Athletic Club . . . born 4-16-67 . . . parents are James and Patricia Goodwin . . . has one sister . . . business major.



Nicole LaStrapes

NICOLE LaSTRAPES (5-6, freshman all-around, Thibodaux High School, Thibodaux, Louisiana) . . . participated in Eastern Nationals, USAIGC Nationals and USGF Regionals during high school career . . . finished 10th on vault at USGF Regionals as a junior . . . coached by Bill and Lydia Jennings and Ronald Oncale . . . competed at AAU Junior Olympic Nationals, placing in every event (third on balance beam) . . . 9.55 on vault at 1983 state meet is career high score . . . all-district high-jumper in high school, also outstanding fielder . . . born 12-9-69 . . . parents are Booker and Brenda Powell . . . has one brother and one sister . . . undecided on major.

On The Cover

(Front row: l to r) SuSu Pesnell, Dana Osborn, Jill McCall and Julie Goodwin. (Back row: l to r) Nicole LaStrapes, Stacey Pylkas and LeAnn English.

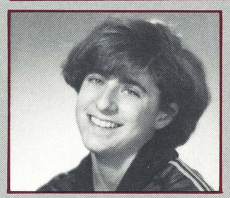
(Photo by Cowen Studios)

Jill McCall

JILL McCALL (5-4, sophomore all-around, L.V. Berkner High School, Richardson, Texas) . . . three-time NAIA All-America as a freshman: all-around (fourth), vault (first with a 9.30) and floor (sixth) . . . 35.34 AA a year ago ranked in the top three in the NAIA (close second on squad to English) . . . highest scoring Lady in three meets as a freshman . . . her 36.40 at Texas Woman's University paved the way for a Centenary win . . . her 9.45 on the balance beam in that same competition was the highest individual event score of the year for Centenary (English was next with a 9.35 on the floor vs. LSU) . . . her 9.03 averages in both the beam and vault were team bests . . . before Centenary, competed for Half-In Half-Out Gymnastics as a four-event All-American . . . born 6-16-68 . . . parents are Rick and Shelley McCall . . . one brother and one sister . . . mathematics and economics major.

Dana Osborn

DANA OSBORN (5-2, freshman all-around, Bartlesville High School, Bartlesville, Oklahoma) fifth all-around in USGF Class I state meet last April . . . 36.10 AA earned a runner-up finish at high school state optional as a senior . . . named All-State (top 5) . . . coached by Sam and Susie Barto at Bartlesville and on club team (Phillips 66) . . . injured most of junior year (1986) with torn ligaments in both ankles (separate incidents) . . . came back as a senior to win Frontier Conference meet (36.15 AA), also winning vault and beam . . . advanced optional regional champ on beam and fourth in all-around as a sophomore . . . Class II state champion (AA, floor and vault) in 1983 as an 8th grader . . . born 6-9-69 . . . parents are Riley and Patricia Osborn . . . has one brother . . . Who's Who . . . business major.



SuSu Pesnell

SUSU PESNELL (4-11, freshman all-around, Trinity Heights Christian Academy, Shreveport, Louisiana) . . . won the state Class I all-around championship three times (sophomore, freshman and eighth grade) . . . trained under Bob Moss last four years (Little Rock and Shreveport Stars) . . . highest score of 9.40 on vault at state meet as a sophomore . . . vault is best event . . . also trained with Bayou Gymnastics in Monroe after taking up the sport at the age of 8 . . . born 9-10-69 . . . parents are Billy and Gloria Pesnell . . . has four brothers . . . business major.

Stacey Pylkas

STACEY PYLKAS (5-6, freshman all-around, Lake Brantley High School, Ft. Myers, Florida) . . . as a senior for Brown's Gymnastics in Altamonte Springs, Florida, scored 34.60 at USAIGC Nationals (optionals) held in Newark, Delaware . . . 34.00 AA during her year with coaches Kevin and Rita Brown . . . won the USGF Florida Class II state meet as a 15-year old sophomore . . . highest score came as a senior, 9.15 on the vault . . . best event is bars . . . National Honor Society . . . began gymnastics at age 7 . . . born 12-16-69 . . . parents are Dale and Gloria Pylkas . . . has one brother . . . mathematics major.

1988 Roster

GYMNAST	EVENT	HT	CL	EXP	HOMETOWN
LeAnn English	AA	5-7	So.	1L	Monroe, La.
Julie Goodwin	AA	5-6	Jr.	2L	Austin, Tx.
Nicole LaStrapes	AA	5-6	Fr.	HS	Thibodaux, La.
Jill McCall	AA	5-4	So.	1L	Richardson, Tx.
Dana Osborn	AA	5-2	Fr.	HS	Bartlesville, Ok.
SuSu Pesnell	AA	4-11	Fr.	HS	Shreveport, La.
Stacey Pylkas	AA	5-6	Fr.	HS	Ft. Myers, Fl.

About Centenary and Ladies Gymnastics

LOCATION: Shreveport, Louisiana. **NICKNAME:** Ladies. **COLORS:** Maroon and White. **ENROLLMENT:** 943. **PRESIDENT:** Dr. Donald A. Webb. **ATHLETIC DIRECTOR:** Walt Stevens. **SPORTS INFORMATION DIRECTOR:** Pat Booras. **SID'S PHONE:** (318) 869-5092. Home (318) 868-3382. **TRAINER:** Steve Murray. **HOME COURT:** Gold Dome (4,000). **AFFILIATION:** NAIA District 30.

CO-HEAD COACHES: Bob and Willa Moss (Southeastern Louisiana). **CAREER COACHING RECORD:** 26-16 (2 year, tournament record). **RECORD AT CENTENARY:** 26-16 (2 year, tournament record). **ASSISTANT COACH:** Lori Cunningham.

1987 RECORD AND HIGHLIGHTS: Ladies finished the season as runner-up at the NAIA National Tournament (placing second behind Winona State) held in Hays, Kansas . . . 1987 tournament record was 17-5 . . . Ladies have posted winning seasons 12 of the last 13 years . . . three All-Americans in LeAnn English (AA, vault, beam and floor exercise), Julie Goodwin (vault and bars) and Jill McCall (AA, vault and floor exercise) . . . ranked #1 in NAIA entire season going into the national tournament.

RETURNING LETTER WINNERS: Three. LeAnn English, Julie Goodwin and Jill McCall.

NEWCOMERS: Four. Nicole LaStrapes, Dana Osborn, SuSu Pesnell and Stacey Pylkas.

LETTER WINNERS LOST: Four. Mary Beth Hebert, Susan Swoboda, Tammy Collins and Julie Read.

National Championships

NAIA	1984
AIAW (Division II)	1981
	1980
	1979
	1978
	1969